



## FREE - Family & Professional Caregiver Workshops Calendar

### April – June 2017

- Visit [www.homeinstead.com/edmonton](http://www.homeinstead.com/edmonton) to see our Calendar of Events with workshop descriptions
- All workshops are held in the Family Education Training Centre at our West Edmonton office – **13B Fairway Drive** (in Westbrook mall, near 119 St. & 37 Ave in Aspen Gardens area)

<b>Workshop Topics</b>	<b>Dates</b>	<b>Times</b>
<b>Personal Care Skills Training (HISC Employees ONLY)</b>	Saturday, April 1 <sup>st</sup>	12 noon to 3 p.m.
<b>Alzheimer's Family Caregiver Workshop</b>	Saturday, April 1 <sup>st</sup>	3:30 p.m. to 7:30 p.m.
<b>How to Scenarios (HISC Employees ONLY)</b>	Monday, April 3 <sup>rd</sup>	4:30 p.m. to 7:30 p.m.
<b>Better Choices, Better Health Chronic Pain Self Management (AHS)</b>	Tuesday, April 4 <sup>th</sup>	1:30 p.m. to 4 p.m.
<b>Better Choices, Better Health Chronic Pain Self Management (AHS)</b>	Tuesday, April 11 <sup>th</sup>	1:30 p.m. to 4 p.m.
<b>Hospice Family Caregiver Training</b>	Thursday, April 20 <sup>th</sup>	4 p.m. to 7:30 p.m.
<b>Heart Attack &amp; Stroke Education/ Workshop</b>	Tuesday, April 25 <sup>th</sup>	9 a.m. to 12:00 noon
<b>Community Infection Prevention &amp; Control Workshop</b>	Thursday, April 27 <sup>th</sup>	1 p.m. to 4 p.m.
<b>Assisting Client w/ Arthritis</b>	Tuesday, May 2 <sup>nd</sup>	1:00p.m. to 4 p.m.
<b>Patient &amp; Doctor Communication Workshop</b>	Wednesday, May 10 <sup>th</sup>	4:30 p.m. to 7:30 p.m.
<b>Personal Care Skills Training (HISC Employees ONLY)</b>	Saturday, May 13 <sup>th</sup>	9 a.m. to 12 noon
<b>Alzheimer's Family Caregiver Workshop</b>	Saturday, May 13 <sup>th</sup>	12:30 p.m. to 4:30 p.m.
<b>Community Infection Prevention &amp; Control Workshop</b>	Tuesday, May 16 <sup>th</sup>	1 p.m. to 4 p.m.
<b>How to Scenarios (HISC Employees ONLY)</b>	Thursday, May 18 <sup>th</sup>	1 p.m. to 4 p.m.

<b>Improving Communication w/ Aging Parents</b>	Wednesday, May 24 <sup>th</sup>	4:30 p.m. to 7:30 p.m.
<b>Personal Care Skills Training (HISC Employees ONLY)</b>	Saturday, June 3 <sup>rd</sup>	9 a.m. to 12 noon
<b>Alzheimer's Family Caregiver Workshop</b>	Saturday, June 3 <sup>rd</sup>	12:30 p.m. to 4:30 p.m.
<b>Returning Home: Transitional Care Workshop</b>	Tuesday, June 6 <sup>th</sup>	4:30 p.m. to 7:30 p.m.
<b>How to Scenarios (HISC Employees ONLY)</b>	Thursday, June 8 <sup>th</sup>	1 p.m. to 4 p.m.
<b>Parkinson's Disease Family Training</b>	Tuesday, June 13 <sup>th</sup>	4:30 p.m. to 7:30 p.m.
<b>Excellence in Care Workshop (HISC Employees ONLY)</b>	Thursday, June 15 <sup>th</sup>	1 p.m. to 4 p.m.

## Registration Details & FAQs:

- **ABOUT PARTICIPANTS**

- ✓ Each workshop is **FREE** and open to the public except for the ones it says "Employees ONLY".
- ✓ Seniors and/or family members (family caregivers) are welcome.
- ✓ Health care professionals and caregivers are also welcome.

- **PRE-REGISTRATION IS REQUIRED**

- ✓ Please **PRE-REGISTER** at least 3 business days in advance, and a confirmation will be sent to you by e-mail.
- ✓ Maximum 14 registrants per workshop; early registration is recommended.
- ✓ Please note, course dates are **SUBJECT TO CHANGE**. If fewer than 6 participants pre-register for a workshop, you will receive a cancellation notice by e-mail, no less than 2 business days in advance.

To PRE-REGISTER call either office:

Home Instead – West Edmonton: 780.439.9990

Home Instead – East Edmonton: 780.465.5373

*All workshops are held in the Family Education Training Centre at our West Edmonton office – 13B Fairway Drive.*

*Each Home Instead Senior Care franchise office is independently owned and operated.*