

Enhancing the
Lives of Aging Adults
and Their Families



 Home
Instead
SENIOR CARE®
To us, it's personal.

“I was so happy to know that staying at home was an option for my mom. She has always been a scrapbooker, and it’s incredibly touching to see how much it has meant to her to stay surrounded by her own photos, paints, stickers, crafts and infinite memories. And the best part is, now I feel confident knowing that she’s safe living at home, even when I can’t be there. It’s like we’re starting a whole new chapter. A great one. Thank you so much.”

– Jane J., client’s daughter

You can't always be there.
But we can.



The Home Instead Senior Care® network offers an individualized approach to help keep seniors safe and sound at home.

Home Care Services

Neither giving nor receiving care is easy. We put relationships first to help support those giving care, protect the dignity of those receiving care, and enhance the quality of life for both seniors and their families in every caregiving experience.

If your family recognizes the value of aging in place as we do, you've come to the right place. Home Instead® CAREGiversSM provide compassionate and reliable home care services to help keep seniors safe and independent wherever they call home.

Rates and Hours

Our Home Instead Senior Care office offers affordable in-home care services 24 hours a day, 365 days a year. You'll work with a client care coordinator to set a care schedule that works best for you and your family. Rates depend on your specific care needs and vary by location.



“Elaine goes above and beyond the call of duty. She doesn’t act like it’s just a job. More like it’s a calling. I feel that she was born to look after other people.”

– Anne Marie P, client’s daughter

Types of Care

From companionship services to hospice care support and many care needs in between, local Home Instead Senior Care offices offer a broad range of services that can be tailored to meet your family's unique needs and preferences. While the tasks of each service might differ, the goal for all types of care remains the same: to enhance the lives of seniors and their families.

Experienced Care

The Home Instead Senior Care network has more than two decades of experience caring for seniors and their families. In that time, Home Instead, Inc. (franchisor of the Home Instead Senior Care network) has developed extensive training programs built on research and experience. Our CAREGivers are prepared to provide the highest quality of care—the kind of care we would want for our own parents, spouse or grandparents. We understand that deciding to use outside help requires a lot of trust and humility, so we are committed to providing not just capable care, but compassionate care.

Alzheimer's, Dementia & Other Conditions

Conditions like dementia or arthritis may come with unique care challenges, but you can lean on us to help you face those challenges. Our specialized training programs equip Home Instead CAREGivers to help seniors cope with their condition while maximizing their capabilities. Our services can help meet a variety of care needs related to Alzheimer's disease and other dementias, arthritis, Parkinson's, diabetes and other conditions.



Our Unique Approach to Alzheimer's and Dementia Care

In collaboration with experts on Alzheimer's disease, Home Instead, Inc. created a training program called Alzheimer's Disease or Other Dementias CARE: Changing Aging Through Research and Education®. This unique program enables us to equip our CAREGivers to deliver distinctive care based on research and the senior's life experiences. Rather than focusing on the diagnosis and symptoms of the disease, this CARE program primarily focuses on the care and dignity of the person with dementia. This relationship-centered approach allows our CAREGivers to provide individualized care that:

- **Helps your loved one remain safe and calm at home**
- **Encourages engagement**
- **Provides nutritious meals**
- **Creates social interaction**
- **Provides mind-stimulating activities**
- **Helps manage changing Behavioural & cognitive symptoms**
- **Honours who the senior was earlier in life**
- **Supports the family**



“There is a feeling of assurance that the person you love and care for is being taken care of in your absence. That’s what Home Instead does. My aunt hates to see the CAREGivers go. There are times she probably likes to see them more than see me.”

– Ryan K., client’s nephew



We love our CAREGivers.

These devoted people share a deep passion for delivering top-notch home care to your family. However, when you bring a stranger into your home you want more than someone who's kindhearted. You are trusting this individual with your loved one's safety and well-being, and we understand that. Here's how we strive to make sure each of our CAREGivers exemplifies our values of compassion, trust and expertise.



Ongoing, World-Class Training

Each of our CAREGivers completes a comprehensive, multi-phased training program before they ever meet or serve a client. They also participate in periodic ongoing training programs as they are developed. Your CAREGiver also may opt to take specialized training modules for advanced levels of caregiving, such as Alzheimer's care.



Drug and Alcohol Policy

We require all of our CAREGivers to adhere to a drug and alcohol policy. We strive to send CAREGivers into your home who we would invite into our own. It's that simple.



Compatibility Matching

The seniors we serve aren't just "clients" to us. They're people. So are the CAREGivers we employ. Because different personalities may interact differently, we take great care to create compatible matches between each client and CAREGiver.



Insured

We conduct thorough background checks on all of our prospective CAREGivers. Each CAREGiver who enters your home is insured to help protect you against loss. We believe in taking care of the people who take care of your family.

To you, it's about making the right choice.
To us, it's personal.[®]



Free Training and Resources for Families

Training doesn't stop with our professional CAREGivers. We know family caregivers are looking for help, too, and offer the following websites for additional resources.

CaregiverStress.com[®]

Your 24-hour connection to support and resources for the family caregiver.

Here you'll find:

- Educational information
- Supporting videos
- A caregiver distress assessment
- Home safety checklist
- Expert advice

HelpforAlzheimersFamilies.ca

The go-to website for families affected by Alzheimer's or other forms of dementia.

Here you'll find:

- In-depth learning resources
- Family caregiver training
- A network of support
- Live chats with Alzheimer's and caregiving experts
- Tools to locate service providers in your area

A free one-on-one
consultation is a great
place to get started.

More information can be
found at HomeInstead.ca.

