



# CLIENT NEWSLETTER

## Spring Edition

### Welcome Jennifer Fordham

Managing Director, Mississauga



"I am a Customer Success Professional and previously worked to develop call centres. I have an acute perspective on the voice of the customer and a commitment to ensuring that you receive the best experience.

Home Instead was of interest to me because I wanted an opportunity to share my expertise and best practices. Moreover, I have an understanding of the needs of aging adults as my grandfather suffered with dementia before he passed.

Two things that I am very passionate about: helping others' and ensuring seniors live the best life possible. Outside of work, I am a proud mother to a 6 year old and we both enjoy vacationing with my family in Florida.

Please feel reach out to me anytime. I hope over time I have the opportunity to connect with each and every one of you personally." **- Jenn**



### MARY JANE

CAREGiver of the Month, March

"She always makes me feel safe."

- client



### NANCY

CAREGiver of the Month, February

"Nancy is the eyes and ears for my sister and I. We are so happy to have her as our mother's CAREGiver.

- client's daughter



### MARILEZ

CAREGiver of the Month, January

"Marilez instills confidence in my father. She makes my father feel relaxed and content allowing a calming effect on my dad. She works diligently and is very delightful ...she has provided my sister and I a sense of relief."

- client's son

## EXPANSION OF SERVICES



Do you need your meds to be administered? Is there a wound that you need assistance in dressing and caring for? Perhaps, you need foot care or injections. If this is the case, we've got great news to share with you!

Effective July 1, 2019 this Home Instead Senior Care office will be expanding the scope of our services to include some medical supports.

These services will be under the supervision of our Staff Registered Nurse and all CAREGivers will

have relevant training and ongoing support. There will also be the availability services directly provided by this RN.

If you are interested in any of these or another potential service, please contact our office for more information.



Hosted by Jennifer, our Award-Winning Education Coordinator, these Workshops are for family caregivers or those living with these conditions. Learn how to identify the signs and symptoms and learn how to help individuals improve the quality of their life.

**Fall Risk Reduction**

Parkland on the Glen, Mississauga  
 May 9, 2:00 pm to 2:30 pm  
 Chartwell Robert Speck, Mississauga  
 May 22, 3:00 pm to 4:30 pm

**Arthritis Education**

St. Demetrius, Etobicoke  
 May 29, 1:00pm to 2:30 pm  
 St. Demetrius, Etobicoke  
 June 5, 1:00 pm to 2:00 pm

**Diabetes Education**

Centennial Park Place, Etobicoke  
 May 22, 1:00pm to 12:30 pm  
 St. Demetrius, Etobicoke  
 June 26, 1:00 pm to 2:30 pm

**Stroke Awareness**

The Kingsway, Mississauga  
 May 8, 2:00pm to 2:30 pm  
 St. Demetrius, Etobicoke  
 June 5, 1:00 pm to 2:00 pm

**Other Training**

Parkinson's Care  
 Centennial Park Place, Etobicoke  
 June 19, 11:00pm to 12:30 pm  
 Alzheimer's/Dementia  
 The Erinview, Mississauga  
 June 20, 11:00 am to 12:30 pm



The Walk for Alzheimer's is Canada's largest fundraiser for Alzheimer's disease and related dementias. The Mississauga 5K Walk is a way to celebrate life, honour a caregiver, or simply get active while promoting awareness in the community.

Home Instead Senior Care is again a proud sponsor of the event. We invite you, your family, friends, etc. to join us in support, as every step we take together we are one step closer to a world without Alzheimer's disease. If are not able to attend we encourage you to pledge our Team; you can email [jchurchill@homeinsted.com](mailto:jchurchill@homeinsted.com) for details.

The funds raised from this event will directly support the programs and services that are offered to the community by Alzheimer Society Peel.

Follow us our journey and progress and meeting our personal goal, on Facebook and/or Twitter. Don't forget to **#ShowASPYourShoes** and tweet where your shoes have been today!

**Ready to Care**  
 Share your cares. Inspire others.

As our older adult population grows, so will the number of people who need every day help. Family members typically step in to care for aging loved ones and when they can't, professional caregivers can help. Soon, not only will older adults outnumber younger ones, we will face a shortage of professionals to care for our aging population. With fewer people available to provide support, who will care for the world's seniors?

**If everyone can do a little bit of care, we can care for everyone.** That's where you can help. If everyone can do a little bit of care, we can care for everyone. Just like the popular saying, "It takes a village to raise a child," a caring community can help support and care for older adults in our communities. Working together, we can help increase the world's capacity to care for our aging global village.

So, let's start now, and together we can inspire future generations to continue caring for our senior community members.

**How You Can Help**

Together, through everyday acts of kindness, education, and understanding, we can help make the aging experience more positive for seniors. We can run an errand, check in on a neighbor, or provide companionship. It's easy to spread a bit of cheer and help make a senior smile.

Join our movement and make the world a better place for seniors. Visit: [www.ImReadytoCare.com](http://www.ImReadytoCare.com)

